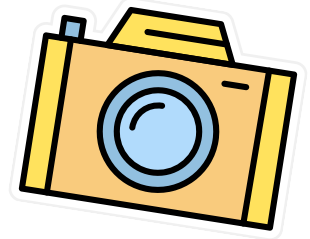
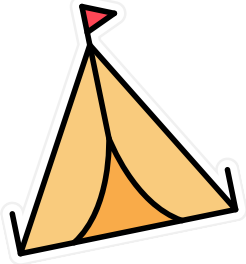


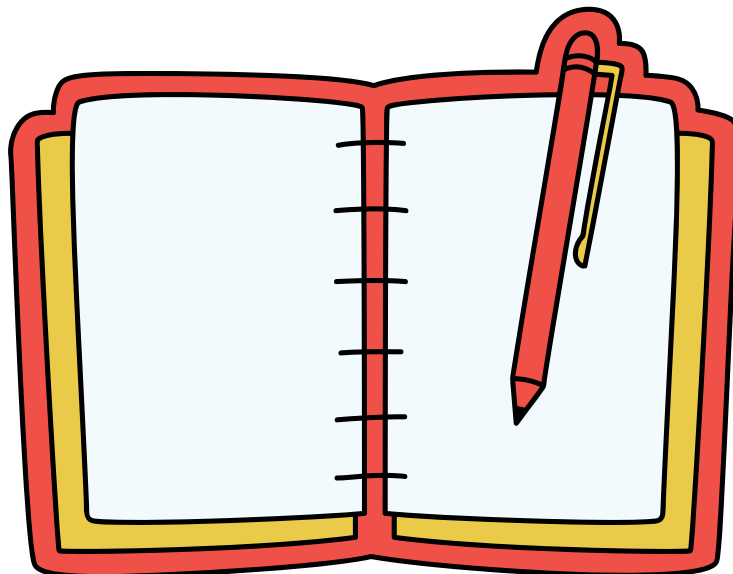
DEAR DIARY...

Scholarly 



Selective Writing Guide

HOW TO WRITE A DIARY ENTRY



DEAR DIARY...

1. INTRODUCTION TO DIARY ENTRIES

A diary entry is a personal record of thoughts, feelings, and experiences written on a specific date. Diary entries are typically more informal, intimate, and emotionally expressive than journal entries. As a Year 6 student preparing for selective tests, mastering the art of diary writing will enhance your self-expression, emotional intelligence, and ability to convey personal experiences effectively.

Diary entries serve multiple purposes:

- To document daily life and special events
- To express and process emotions
- To reflect on personal growth and changes
- To preserve memories
- To practice self-expression and creative writing



Types of Diary Entries:

- Daily record entries: Documenting the events of each day
- Emotional entries: Focusing on feelings and internal experiences
- Special event entries: Recording significant moments or milestones
- Reflective entries: Looking back on past events or pondering life questions
- Creative entries: Using the diary format for storytelling or imaginative writing

DEAR DIARY...

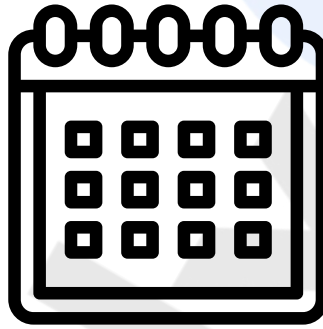
2. STRUCTURE OF A DIARY ENTRY

While diary entries can be quite flexible in structure, they typically include the following elements:

a) Date: The date of the entry.

Examples:

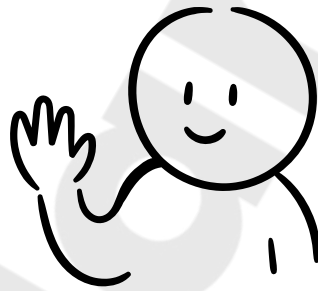
- Monday, July 28, 2024
- 2. 28/07/2024
- July 28th
- 28 July 2024
- Monday



b) Greeting: A way to start the entry (common in diary writing).

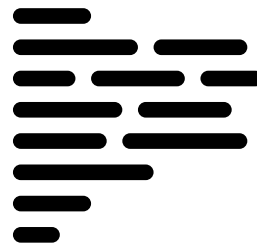
Examples:

- Dear Diary,
- Hey Diary!
- Hello old friend,
- Oh Diary,
- Dearest Diary,



c) Body: The main content of the entry, which may include:

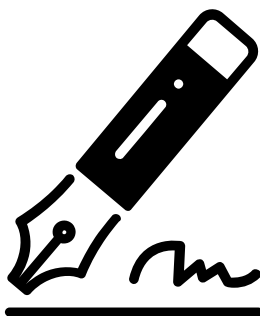
- Description of the day's events
- Expression of feelings and thoughts
- Reflections on experiences
- Secrets or confessions
- Hopes and fears



d) Closing: A way to end the entry (optional).

Examples:

- Talk to you tomorrow,
- That's all for now,
- Until next time,
- Sweet dreams,
- XOXO,



DEAR DIARY...

3. STEP-BY-STEP GUIDE TO WRITING A DIARY ENTRY

Step 1: Date your entry

- Write the date at the top of the page

Step 2: Greet your diary

- Start with "Dear Diary" or a similar greeting

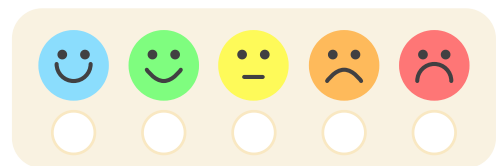
Step 3: Set the mood

- Begin by mentioning how you're feeling or what's on your mind



Step 4: Recount your day

- Write about significant events, conversations, or experiences



Step 5: Express your feelings

- Share your emotions about what happened or how you're feeling in general

Step 6: Include personal details

- Add sensory details or small observations that make the entry uniquely yours

DEAR DIARY...

3. STEP-BY-STEP GUIDE TO WRITING A DIARY ENTRY

Step 7: Reflect on your experiences

- Consider what you've learned or how events might affect your future

Step 8: Be honest and open

- Your diary is a safe space to express your true thoughts and feelings



Step 9: Ask yourself questions

- Pose questions about your experiences or feelings to explore them further

Step 10: Look ahead

- Mention your plans, hopes, or worries for the near future

Step 11: Close your entry

- Add a closing phrase if you like



DEAR DIARY...

4. VOCABULARY FOR DIARY ENTRY WRITING

1. Emotional words:

- Elated
- Devastated
- Anxious
- Serene
- Frustrated

2. Time-related phrases:

- Today
- This morning / afternoon/evening
- Later on
- In retrospect

3. Reflective words:

- Ponder
- Contemplate
- Reflect
- Wonder

4. Transition phrases:

- On another note
- Speaking of which
- By the way

5. Descriptive adjectives:

- Memorable
- Unexpected
- Mundane
- Extraordinary

6. Introspective phrases:

- I can't help but think
- I'm beginning to realize
- It occurs to me

7. Action verbs:

- Encountered
- Experienced
- Overcame
- Discovered

8. Sensory words:

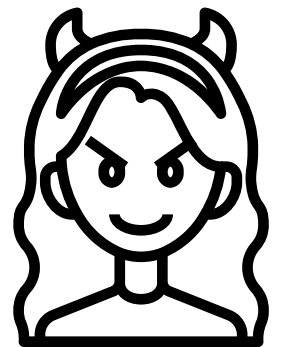
- Vibrant
- Deafening
- Fragrant
- Smooth

DEAR DIARY...

5. EXAMPLE SENTENCES

1. "I can't believe it – I finally worked up the courage to talk to Sam today!"

2. "Why does Jamie always have to be so mean? I'm sick of being picked on."



3. "I'm torn between going to the school dance and staying home to finish my project."

4. "Today was the BEST DAY EVER! We won the football tournament!"



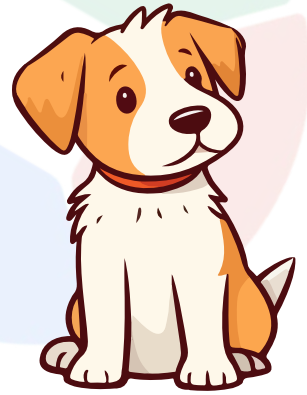
5. "I'm so nervous about the math test tomorrow. What if I forget everything?"



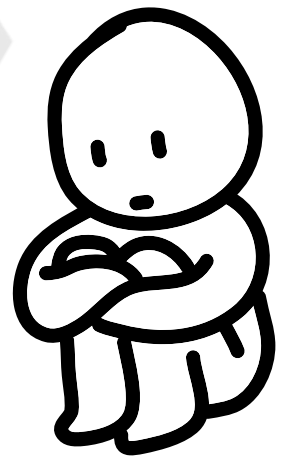
DEAR DIARY...

5. EXAMPLE SENTENCES

6. "I saw the cutest puppy at the park today. I wish Mum would let us get a dog!"



7. "I feel awful about lying to Dad. Should I tell him the truth?"



8. "Sometimes I wonder if I'm the only one who feels this way."

9. "I can't wait for the school trip next week. It's going to be amazing!"



10. "I miss Grandma so much. Writing about her makes me feel closer to her."

DEAR DIARY...

6. FULL EXEMPLAR DIARY ENTRY

Monday, July 28, 2024

Dear Diary,

Oh my gosh, where do I even begin?! Today was such a rollercoaster – I'm still trying to process everything that happened!

It started off as a totally normal Monday (ugh, Mondays, am I right?). I woke up late AGAIN and had to skip breakfast. Note to self: PLEASE remember to set the alarm clock tonight! Mum was not happy, but she still gave me a ride to school. I felt bad for making her rush, but she gave me a hug before I got out of the car, so I think she forgave me.

Anyway, I got to school just in time, and that's when things started to get interesting. You know how I've been crushing on Alex since forever? Well, during math class (of all places!), we got paired up for a project! I was so nervous I could barely speak at first. My hands were all sweaty, and I'm pretty sure my face was as red as a tomato. But then the funniest thing happened – Alex dropped all their pencils on the floor, and we both bent down to pick them up at the same time. We bumped heads (ouch!) and then just burst out laughing. After that, the ice was broken, and we started chatting like we'd been friends forever.

DEAR DIARY...

6. FULL EXEMPLAR DIARY ENTRY

But wait, it gets better (or worse, depending on how you look at it). At lunch, I was so busy daydreaming about Alex that I wasn't watching where I was going. I tripped over my own feet and sent my tray flying – right into Ms. Thompson! I wanted the ground to open up and swallow me whole. But Ms. Thompson was so cool about it. She helped me clean up and even joked that she'd always wanted to try wearing her lunch. I still felt mortified, but at least I didn't get in trouble.

After school, I had my first guitar lesson. I was super excited but also really nervous. What if I'm terrible at it? But my teacher, Mr. Rodriguez, is awesome. He said I have a good ear for music and that with practice, I'll be playing my favourite songs in no time. I can't wait to surprise Mum and Dad with a mini-concert once I get better!

Now, here's the part that's really making my head spin. When I got home, Mum and Dad sat me down for a "family meeting." Turns out, Dad might get transferred to a new office – in AUSTRALIA! Part of me is like, "Wow, that would be so cool!" But another part is freaking out. What about my friends? What about Alex? What about my guitar lessons? I don't know how to feel about this. They said it's not definite yet, but just the possibility is making my stomach do flip-flops.

DEAR DIARY...

6. FULL EXEMPLAR DIARY ENTRY

I'm lying in bed now, trying to make sense of everything. It's like my whole life could change, and I don't know if I'm ready for that. But then I think about all the amazing things I could see and do in Australia. Maybe I'd learn to surf or see a kangaroo in real life!

I guess I'll just have to wait and see what happens. For now, I'm going to focus on my math project with Alex and my guitar lessons. Who knows what tomorrow will bring?

Talk to you tomorrow, Diary. Wish me luck with whatever comes next!

Best wishes,
[Your Name]

P.S. I really hope I don't dream about throwing food at Ms. Thompson again. Once was embarrassing enough!

DEAR DIARY...

7. TASKS, EXERCISES, AND ACTIVITIES

1. Emotion Diary:

Write a diary entry focusing solely on your emotions throughout the day, describing how you felt at different moments and why.

2. Secret Keeper:

Write a diary entry where you share a secret or something you've never told anyone before. (Remember, you don't have to share this with anyone if you don't want to!)

3. Future Dreams:

Write a diary entry as if you're writing on your 18th birthday, describing your life and how it's different from now.

4. Conflict Resolution:

Write about a disagreement you had with someone and explore different ways you could have handled it.

5. Time Capsule Entry:

Write a diary entry describing your current life in detail – your favourite things, your daily routine, your hopes and fears – as if you're preserving it for your future self to read.

DEAR DIARY...

7. TASKS, EXERCISES, AND ACTIVITIES

6. Fictional Character Diary:

Write a diary entry from the perspective of a character from your favourite book or movie.

7. Best Day Ever:

Write a diary entry describing your perfect day in vivid detail.

8. Letter to Your Diary:

Instead of writing about your day, write a letter to your diary as if it's a close friend, sharing your thoughts and feelings.

9. Overcoming Fears:

Write about something that scares you and how you might be able to face that fear.

10. Gratitude Reflection:

End your diary entry by listing three things you're grateful for today, no matter how small they might seem.